



# The Therapeutic Review

Therapeutic Recreation Division – Putting a “Spin” on *Recreation*



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Center Director II – Mary E. Gardner 410-396-1550 Email [Marye.Gardner@Baltimorecity.gov](mailto:Marye.Gardner@Baltimorecity.gov)

Program information for Deaf consumers is accessed by the Maryland Relay System at 711

Division Office Located at 3001 East Drive, Baltimore, MD 21217

Therapeutic Center Located at 4501 Farring Court, Baltimore, MD 21225

***The Baltimore City Department of Recreation and Parks Believes that Recreation is for Everyone!***

Welcome to the winter edition of the ***Therapeutic Recreation Review***. The *Therapeutic Recreation Review* is a quarterly publication that provides everyone with an update on adapted recreation and leisure program opportunities for individuals with disabilities in Baltimore. Listed below are recreation program offerings for January through March, 2006. The Therapeutic Recreation Division is always open to suggestions and new ideas. Please contact us at the numbers/email addresses listed at the top if you would like to “contribute” to the process.



**The Variety Children’s Theatre and Dance Project is more than theater and dance....**

***THERAPEUTIC RECREATION PROGRAMS ARE FOR PEOPLE WITH DISABILITIES  
AGES 5 TO 105 (AND BEYOND)***

**January 3<sup>rd</sup>, 2006 – Metro Wheelchair Basketball League** at the Farring-Baybrook Recreation Center continues its 2005-2006 season on Tuesday evenings beginning at 6:30 p.m. through the season ending championship tournament on February 14<sup>th</sup>. Registration is on-going for new players. The program is open to novice players and recreational players of all ability levels and competitive players ages 14 years to adult. Players are assigned to teams and play a regular schedule of games during the season. The Farring-Baybrook Recreation Center is on the #64 M.T.A. Bus Route and can be easily accessed by car from the City and surrounding counties. For information call **410-396-7072** or email **[Mike.Naugle@Baltimorecity.gov](mailto:Mike.Naugle@Baltimorecity.gov)**

**January 6<sup>th</sup>, Young Adult Winter Season Begins** – This recreation and leisure program is for young adults with developmental disabilities 21 years and older. The Monday and Friday “day” program includes arts and crafts, adapted sports, table games, trips and special on-site programs. The program is open to people living in the community or people who attend adult day programs. Limited transportation is provided for Baltimore City residents. Adult Day Program participants are welcome. Day program facilities are responsible for transportation for their participants.

**Location:** Farring-Baybrook Recreation Center, 4501 Farring Court, Baltimore, MD 21225

**Note:** M.T.A. Bus # 64 (Wagner’s Point) stops at our center.

**For Mobility Services call the M.T.O. Mobility System at 410-727-3535.**

**Days/Dates:** Monday and Friday, January 6<sup>th</sup> through June 5<sup>th</sup>, 2006

**Time:** 9:30 a.m. to 2:30 p.m.

**Cost:** \$2.00 weekly

**January 4<sup>th</sup> – Variety Seniors Club** – The Variety Club Seniors program is for seniors with disabilities who live in the community. The club meets on Wednesdays throughout the fall and winter months for table games, arts and crafts, special informative programs and day trips. Coffee, tea and doughnuts are provided to help “energize” everyone in the early morning. Members must bring their own lunch. Limited transportation is available for Baltimore City residents.

**Location:** Farring-Baybrook Recreation Center, 4501 Farring Court, Baltimore, MD 21225

**Day/Dates:** Wednesday, January 4<sup>th</sup> through June 7<sup>th</sup>, 2006

**Time:** 9:30 a.m. to 2:30 p.m.

**Cost:** \$1.00 weekly

**January 7<sup>th</sup> – The Variety Children’s Theatre and Dance Project** – The Variety Children’s Theatre and Dance Project is in its second full season and we have added a dance component for 2006. The program is for children with and without disabilities. This is an inclusion program that is **supported by Baltimore Health Care Access and the Maryland State Arts Council**. Siblings are welcome. The program is limited to 20 slots for the theater program and 20 slots for the dance program. The program is offered four Saturdays a month through April, 2006. It will resume again in September.

**Location:** Farring-Baybrook Recreation Center, 4501 Farring Court, Baltimore, MD 21225

**Day/Dates:** Saturday mornings – January 7<sup>th</sup> through April 29<sup>th</sup>, 2006

**Time:** 10:00 a.m. to 1:00 p.m.

**Cost:** No cost but participants have to register and registration is done on a first come, first serve basis until available slots are complete.

**For Information:** Call Mike Naugle at 410-396-7072 or email [Mike.Naugle@Baltimorecity.gov](mailto:Mike.Naugle@Baltimorecity.gov)

**January 9<sup>th</sup> – Basketball Training for Adults with Developmental Disabilities** – This is an instructional program for adults with developmental disabilities who live in the community or who attend day centers. The program is cooperatively sponsored by the Baltimore City Department of Recreation and Parks, Special Olympics, Maryland and the ARC of Baltimore. The program will culminate with the **3<sup>rd</sup> Annual Baltimore City Adult Special Olympics Basketball Tournament** on Monday, March 13<sup>th</sup> at Coppin State University. For information contact the Therapeutic Recreation Division at **410-396-7072**.

**Location:** (Practice) Farring-Baybrook Recreation Center, 4501 Farring Court, Baltimore, MD 21225

**Day/Dates:** Monday through Friday (days may vary – call for specifics)

**Time:** 10:30 a.m. to 12:30 p.m.

**Cost:** No charge

**For Information:** Call Mike Naugle at 410-396-7072 or email [Mike.Naugle@Baltimorecity.gov](mailto:Mike.Naugle@Baltimorecity.gov)

**January 11<sup>th</sup> – Aqua Aerobics** – Day time aqua aerobics program for young adults with developmental disabilities. Program offers a structured and “fun” water exercise program. This program is supported by the ARC of Baltimore and is open to all agencies serving this special population.

**Location:** Callowhill Aquatics Center, 2821 Oakley Ave. , Baltimore, MD 21215

**Day/Dates:** Wednesdays – January 11 through March 1<sup>st</sup>, 2006

**Time:** 12:00 noon to 1:00 p.m.

**Cost:** \$2.00 per visit

**Contact:** Mike Naugle at 410-396-7072 or email [Mike.Naugle@Baltimorecity.gov](mailto:Mike.Naugle@Baltimorecity.gov)

**January 19<sup>th</sup> – Clay Sculpting Classes** – a six week clay sculpting program for adults with developmental disabilities who live in the community or who attend ARC of Baltimore, Inc., Chimes, Inc. and other similar agencies will begin on Thursday, January 19<sup>th</sup> at the Farring-Baybrook Recreation Center. This is “creative art” where “beauty is in the eye of the beholder”. Participants will hand mold their art and it will be baked into a lasting piece of artwork. “A thing of beauty is a joy forever...”

**Location:** Farring-Baybrook Recreation Center, 4501 Farring Court, Baltimore, MD 21225

**Day/Dates:** Thursdays, January 19<sup>th</sup> to February 23<sup>rd</sup>, 2006

**Time:** 10:30 to 12:30 (Bring your own lunch. We will provide drinks)

**Cost:** \$1.00 per visit or \$5.00 for six week session

**Contact:** Mary Gardner, Center Director II at 410-396-1550 or email [Marye.Gardner@Baltimorecity.gov](mailto:Marye.Gardner@Baltimorecity.gov)

**January 20<sup>th</sup> – Snow Flake Day Disco** - The Farring-Baybrook Recreation Center will be a “rockin”...or at least be “shakin’ the snowflakes off and beat the winter blues at our “Snow Flake Disco”. The program which includes a spaghetti dinner, door prizes and dancing is for adults with developmental disabilities who live in the community or who attend day programs in the Baltimore area.

**Location:** Farring-Baybrook Recreation Center, 4501 Farring Court, Baltimore, MD 21225

**Day/Date:** Friday, January 20<sup>th</sup>, 2006

**Time:** 10:30 a.m. to 1:45 p.m.

**Cost:** \$8.00 per person (No charge for support staff and volunteers)

**Contact:** Mary Gardner, Center Director at 410-396-1550 or email [Marye.Gardner@Baltimorecity.gov](mailto:Marye.Gardner@Baltimorecity.gov)

Please R.S.V.P. by January 13<sup>th</sup> or before.

**January 27<sup>th</sup> – Beat the Winter Blues (into submission) Nursing Home Cabaret** – Shake off the ice cycles and warm up to the music, dancing, *Italian Spaghetti Dinner* with all the trimmings (the real thing...) and cash bingo at the Winter Blues Cabaret. This program is for all Baltimore area nursing home residents (Facilities are responsible for their own transportation.). Below are the details:

**Location:** Farring-Baybrook Recreation Center, 4501 Farring Court, Baltimore, MD 21225

**Day/Date:** Friday, January 27<sup>th</sup>, 2006

**Time:** 10:30 a.m. to 1:45 p.m.

**Cost:** \$10.00 per person (No charge for support staff and volunteers)

**Contact:** Mary Gardner at 410-396-1550 to R.S.V.P. on or before January 20<sup>th</sup> or email

[Marye.Gardner@Baltimorecity.gov](mailto:Marye.Gardner@Baltimorecity.gov)



**January 21<sup>st</sup>, 28<sup>th</sup> and February 4<sup>th</sup> – LEAGUE OF DREAMS BASEBALL REGISTRATION** – The Boys (and Girls) of Summer...are on our minds. On three consecutive Saturdays the Baltimore City Department of Recreation and Parks, the Baltimore County Department of Recreation and Parks and supporting regional agencies and schools will register children with disabilities for the **2006 League of Dreams Baseball League** summer season which officially begins on April 22<sup>nd</sup>, 2006. Children with disabilities of all ability levels can be players in the League of Dreams. The League of Dreams is a regional baseball program. It is available for Baltimore City and all of the surrounding counties. Come on out and register and "be a part of the action". Below is the information:

**Registration Location:** Farring-Baybrook Recreation Center, 4501 Farring Court, Baltimore, MD 21225

**Game Site Location:** Rockdale Park in Randallstown

**Note:** Rainy day location will be the Farring-Baybrook Recreation Center Gym.

**Registration Days/Dates:** Saturdays, 1-24-06, 1-31-06 and 2-04-06

**League Days/Dates:** Saturdays, 4-22-06 through 6-17-06



**February 11<sup>th</sup> – Metro Wheelchair Basketball League Snow Flake Classic** – The 2005-2006 Metro Wheelchair League will host an end of season tournament that will include two teams from the Metro League and two National Wheelchair Basketball Association regional teams. The tournament is open to the public.

**Location:** Farring-Baybrook Recreation Center, 4501 Farring Court, Baltimore, MD 21225

**Day/Date:** Saturday, February 11<sup>th</sup>, 2006

**Time:** Games begin at 12:00 noon – Other games at 1:30 p.m. , 3:00 p.m. and 4:30 p.m.

**Cost:** Free to public

**Information:** Contact Mike Naugle at 410-396-7072 or email [Mike.Naugle@Baltimorecity.gov](mailto:Mike.Naugle@Baltimorecity.gov)

**February 25<sup>th</sup> – Metro Basketball League for Children with Developmental Disabilities – (NEW)** This is a new basketball league that provides instruction in the fundamentals of basketball for children with developmental disabilities. The Saturday afternoon program will be divided up into age and ability levels based on the number of participants in the program. The league is open to children in Baltimore City and surrounding area. The six week program will culminate in a skills test and tournament for all of the players. Teams will be developed and players will receive uniform jerseys. An awards presentation will be held at the conclusion of the program.

**Location:** Farring-Baybrook Recreation Center, 4501 Farring Court, Baltimore, MD 21225

**Day/Dates:** Saturdays, February 25<sup>th</sup> through Saturday, April 1<sup>st</sup>, 2006

**Time:** 12:00 noon to 2:00 p.m.

**Cost:** \$10.00 registration fee

**Information:** For information and registration forms contact Mike Naugle at 410-396-7072 or email [Mike.Naugle@Baltimorecity.gov](mailto:Mike.Naugle@Baltimorecity.gov)



**February 25<sup>th</sup> – Saturday Night Social Club “Snow Flake Ball”** – The Snow Flake Ball is winter dance to help shake off the winter blues. The program is for young adults and adults with developmental disabilities who live in the community or who live in residential facilities in the Baltimore area. Music, dancing, contests and refreshments are the activities for this evening of fun and social interaction. Below is the information:

**Location:** Farring-Baybrook Recreation Center, 4501 Farring Court, Baltimore, MD 21225

**Day/Date:** Saturday, February 25<sup>th</sup>, 2006

**Time:** 5:30 p.m. to 8:30 p.m.

**Cost:** \$5.00 (No charge for support staff or volunteers)

**Information:** To R.S.V.P. call Mary Gardner, Center Director at 410-396-1550 or email

[Marye.Gardner@Baltimorecity.gov](mailto:Marye.Gardner@Baltimorecity.gov)

**Beginning Ceramics for Adults with Developmental Disabilities (Open to all)** – This is an eight week instruction program in ceramics for beginners. The program is open to anyone but is targeted to adults with developmental disabilities who live in the community or who attend programs such as the ARC of Baltimore, Chimes, Inc. and other similar agencies in the Baltimore area.

**Location:** Farring-Baybrook Recreation Center, 4501 Farring Court, Baltimore, MD 21225

**Day/Dates:** Thursdays March 2<sup>nd</sup> through April 20<sup>th</sup>, 2006

**Time:** 10:30 a.m. to 1:30 p.m. (Bring your own lunch. We provide coffee, sodas and bottled water)

**Cost:** \$2.00 a visit or \$12.00 for the session

**Information:** To register contact Mary Gardner, Center Director II at 410-396-1550 or email

[Marye.Gardner@Baltimorecity.gov](mailto:Marye.Gardner@Baltimorecity.gov)

**March 4<sup>th</sup> and 5<sup>th</sup> – Craig Cook Memorial Wheelchair Basketball Tournament** – This competitive wheelchair basketball tournament includes teams from six states in the east coast region. This is wheelchair basketball at its best!

**Location:** Leadership Through Athletics Facility, 2900 Hammonds Ferry Road, Baltimore, MD 21227

**Sponsors:** Sponsored by the Maryland Ravens Disability Awareness Program and Supported by the Baltimore City Department of Recreation and Parks

**Days/Times:** Saturday and Sunday. Games begin at 9:00 a.m. each day

**Information:** Call the Maryland Ravens at 410-825-5359 or email [MDRAVENS@aol.com](mailto:MDRAVENS@aol.com) or contact the Therapeutic Recreation Division at 410-396-7072.



**March 11<sup>th</sup> – Parents Day Out** – The Therapeutic Recreation Division appreciates the help provided to us by the parents of children who attend our programs. This new program provides a fun day of respite for not only kids...but also on this special day **Parents!** Parents can drop their kids off (including siblings) at the Farring-Baybrook Recreation Center at 9:30 a.m. Our staff and volunteers will provide a day of activities for the kids. For parents we will provide a day of shopping, movies...whatever your heart desires. We will provide a shuttle van service from the Farring-Baybrook Recreation Center to Arundel Mills Mall. The van/s will leave at 10:00 a.m. to go to the mall and you will be picked up from the mall at 4:00 p.m. to come back to Farring-Baybrook to pick up your children. Based on interest and success we may expand this program to include special Saturdays for parents throughout the year. For information call 410-396-7072.

**Location/Destination:** Farring-Baybrook Recreation Center, 4501 Farring Court, Baltimore, MD 21225 (M.T.A.Bus # 64 “Wagner’s Point”) to Arundel Mills Mall and return/

**Time:** 9:30 a.m. to 4:30 p.m. (10:00 to 4:00 for trip)

**Cost:** \$3.00 (cost of lunch and snacks at Farring-Baybrook for children participants)

**Information:** Call 410-396-7072.

**March 17<sup>th</sup> – Everybody’s Birthday Day Disco** – This special day disco for adults with developmental disabilities will celebrate everybody’s birthday (regardless of the month you born or the age that you are). We will celebrate with music, dancing and birthday gifts for all who attend. The day disco is for adults with developmental disabilities who live in the community or who attend ARC of Baltimore and other agency day programs in the Baltimore area.

**Location:** Farring-Baybrook Recreation Center, 4501 Farring Court, Baltimore, MD 21225

**Day/Date:** Friday, March 17<sup>th</sup>, 2006

**Time:** 10:30 to 1:45 p.m.

**Cost:** \$7.00 per person (No charge for support staff or volunteers)

**R.S.V.P.** by or before March 10<sup>th</sup> by calling 410-396-1550 or email [Marye.Gardner@Baltimorecity.gov](mailto:Marye.Gardner@Baltimorecity.gov)

***For new recreation ideas and suggestions call 410-396-7072***

***Come on out and be a part of the action! Recreation is for everyone!!***

### Executive Staff

Connie A. Brown.....Acting Director  
Portia Harris.....Acting Associate Director  
Kevin Seawright.....Director, Fiscal Management  
Tawanna Kane.....Leisure Services Manager

City of Baltimore  
**Recreation & Parks**



Michael Naugle, Program Coordinator  
Therapeutic Recreation Division

### Therapeutic Recreation Division Staff



Mary Gardner.....Center Director II  
Spencer Crowder.....Recreation Leader II  
Robin Blackburn.....Recreation Arts Instructor  
Gloria Reed.....Recreation Arts Instructor  
Victor West.....Recreation Arts Instructor  
Corey Brooks.....Recreation Arts Instructor  
John Styron.....Building Custodian

## ***The Therapeutic Division – Recreation is “Therapeutic”***

**Camp Variety 2005**



**Wheelchair Softball**



**The League of Dreams**



**Saturday Morning Club**



**Variety Children's Theatre Project**



**The Metro Wheelchair Basketball League**





Baltimore City Department of Recreation and  
Parks  
Therapeutic Recreation Division  
3001 East Drive  
Baltimore, Maryland 21217

City of Baltimore  
**Recreation & Parks**

